

HUMAN vs. CHAMPION'S MINDSET

HUMAN MINDSET

Primal Brain

What do I stand to lose?

I'm doing my best

It's in my genes

If I were only like others

Will & talent are enough

It's about perfection

I'm afraid so won't even try

I whine

ONE ACT WONDER

CHAMPION'S MINDSET

Modern Brain

What do I stand to gain?

I'll find a way

It's in my power

I'm my greatest asset

Discipline & readiness rule

It's about the 1-2 key actions

I feel the fear and do it anyway

I win

REPEAT SUCCESS

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